

A Sacred 10-Day Journey with The Rudraksh Retreat

Day 1

Arrival at The Rudraksh Retreat

Settle into The Rudraksh Retreat with a serene meditation and welcome ritual to begin your spiritual journey.

Day 2

Journey to Gangotri

Start with morning yoga before a scenic drive to the holy town of Gangotri, concluding with the powerful evening Ganga Aarti.

Day 3

Reflection at Gangotri

Spend a day in meditation and spiritual talks by the Ganges for a deep, reflective experience.

Day 4

Trek to Chirbasa

Embark on a nature walk to Chirbasa through lush forests, connecting with nature's tranquility.

Day 5

Hiking to Bhojbasa

Hike up to Bhojbasa, taking in the serenity of snow-capped peaks and pristine mountain air.



Day 6

Gaumukh and Tapovan Trek

Witness the Ganges' source at Gaumukh, then continue to Tapovan, renowned for its sacred silence and views of Himalayan peaks.

Day 7

Spiritual Practice in Tapovan

Engage in meditation, yoga, and a traditional yajna in this revered area.

Day 8

Return to Chirbasa

Descend to Chirbasa, reflecting on the insights and blessings of the journey.

Day 9

Return to Gangotri

Complete the pilgrimage with a final meditation and return journey, carrying the sacred energy of the Himalayas.

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